

Community-Oriented Primary Care (COPC) 2014 Assignment

The aim of this assignment is to explore best-practice Community-Oriented Primary Care (COPC) in the context of Primary Health Care (PHC) Re-engineering and specifically a local Municipal Ward-based PHC Outreach Team (MWPHCOT or WBOT) in your district. Your exposure to WBOT for 2014 will be a series of half-day visits. Your district will arrange the specifics. The intention is to make this a full 3-month rotation from 2015 where you will be immersed in the full range of services in a clinic with a functional WBOT. This will include seeing patients, doing home visits half-day weekly, linking up with school health and liaising with district specialist team, besides more of the tasks below.

The objectives for 2014 are:

1. To profile the community and develop a provisional community diagnosis with the data and experience of CHWs deployed in the community.
2. To review the community diagnosis and socio-cultural dynamics with community stakeholders and explore the challenges of intersectoral collaboration and community participation.
3. Describe the profile of patients referred by CHWs to the clinic using ICPC and critique the organization and utilization of care at the clinic.
4. Describe a patient, based on the priority problem identified in the community diagnosis, and their management (including community-social supports available)
5. Reflect on health promotion and communication in the context of this patient's problem and related problem group/s in this community.

This will be achieved with half-day visits at least over 3-months to the nearest PHC Outreach Team using the following structured assignment guide. Use the questions below as a guide to the assignment report, using underlined as headings (and perhaps the **words bolded** as sub-headings). The written report should be 2-4 pages. See this video of Chiawelo Community Practice to give you some ideas: https://www.youtube.com/watch?v=Z_AIJftLBfQ

1) Community and Community Diagnosis

- a) Describe **a day's experience with a CHW** (include pictures if possible).
- b) Describe **this CHW's community** of ±250 families (attach map and resource index as addendum).
- c) Analyse and describe the **data collected** by this CHW from his/her ±250 families (show key results analysed in tables).
- d) Reflect on this CHW's Community Profile, **Community Diagnosis** (profile of problems), a priority problem identified and solution/s explored.

2) Review Stakeholder Engagement

- a) Meet two key informants e.g. a ward councilor and facility manager, and attach two meeting records (attached below) regarding the **challenges of**

intersectoral collaboration and community participation for PHC outreach teams.

- b) Describe proceedings of a **community meeting** in the ward that you set up or joined to present the community profile you developed (attach presentation slides (and pictures if possible)). Include an element of health promotion in the presentation for the priority problem according to the Community Diagnosis above.
- c) Reflect on the community's response, priorities, **socio-cultural dynamics** and impact on health care services.

3) Primary Care Practice / Patient Care

- a) Profile **all community patients referred by CHWs** and/or seen in the referral clinic for one month to a maximum of 100 patients using ICPC (attached below).
- b) Arrange or join a PHC Outreach Team / Practice Meeting and
 - i) Discuss the **principles** of "First Contact Care: Comprehensive, Coordinated and Continuous" with the PHC Outreach Team in relation to the organization of patient care (attach minutes of meeting).
 - ii) Do one **CHW** training session in PHC Outreach Team Meeting and reflect on your teaching experience (attach slides and pictures).
- c) Critique the **utilization and organization of care** in the PHC Outreach Team.

4) A Patient

- a) Identify **one patient** having the priority problems identified in the Community Diagnosis and that you followed up (attach copies of his/her full problem-oriented record, with continuity shown).
- b) Describe a **home visit with genogram/ecomap** around this patient's problem/s. (attach genogram/ecomap).
- c) Describe **potential social supports** for this patient and his/her problem/s.

5) Health promotion / communication

- a) Review **health promotion efforts** using the Ottawa Charter to problem-groups in the community, (linked to one of the above patient's problems).
- b) Review **communication approaches**, including mobiles and social media, to problem-groups in the community, (linked to one of the above patient's problems).

The 10 minutes / 15 slide oral presentation (as your assessment on 4th August 2014) should start with the patient briefly and include all elements of relevance from the assignment report. Please go to Mendeley here <http://www.mendeley.com/download-mendeley-desktop/welcome/> to access literature on COPC. Please use the ffg to enter:

Email "FMStudent@jozifamilymedicine.org.za" Password "FMStudent2012"

**Meeting Record of Key Informant Interview for Family Medicine Registrar
in COPC Assignment**

Clinic:

Ward:

District:

Date:

Name of Key Informant:

Signature:

(Use this form to record your comments briefly and then get signature after)

What are the key challenges to intersectoral collaboration in this WBOT?

What are the key challenges to community participation in this WBOT?

ICPC profile of patients using the services, with their problems
Please use ICPC codes from 2-pager (attached).

PS: this can be achieved by reviewing all referral forms at the clinic. Alternatively you can provide CHWs with carbon paper and ask them to provide you copies of all referrals. (Only with justification may you, as last resort, profile patients seen ordinarily at the clinic)

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